

# **IPAC -Eastern Ontario (IPAC-EO) Established 1986**



**Submission for 3M  
Chapter Achievement Award 2014**



# HISTORY OF IPAC-EO

- November 22, 1984: Founded as an infection control interest group
- October 1985: Elected the first executive & developed Terms of Reference
- June 5, 1986: Official CHICA-Canada Chapter status was granted to Eastern Ontario Professionals in Infection Control (EOPIC)
- 2005: Membership voted to change the name to CHICA-Eastern Ontario solidifying our connection to CHICA-Canada
- 2014: Membership voted to change name to IPAC-Eastern Ontario to reflect name change of national organization



It is recognized that the  
*Eastern Ontario Practitioners*  
*in Infection Control (EOPIC)* Chapter  
has been duly established as a chapter of the

**Community and Hospital  
Infection Control Association**

Dated the 5<sup>th</sup> day of JUNE, 1986

*Pat Williams*  
President

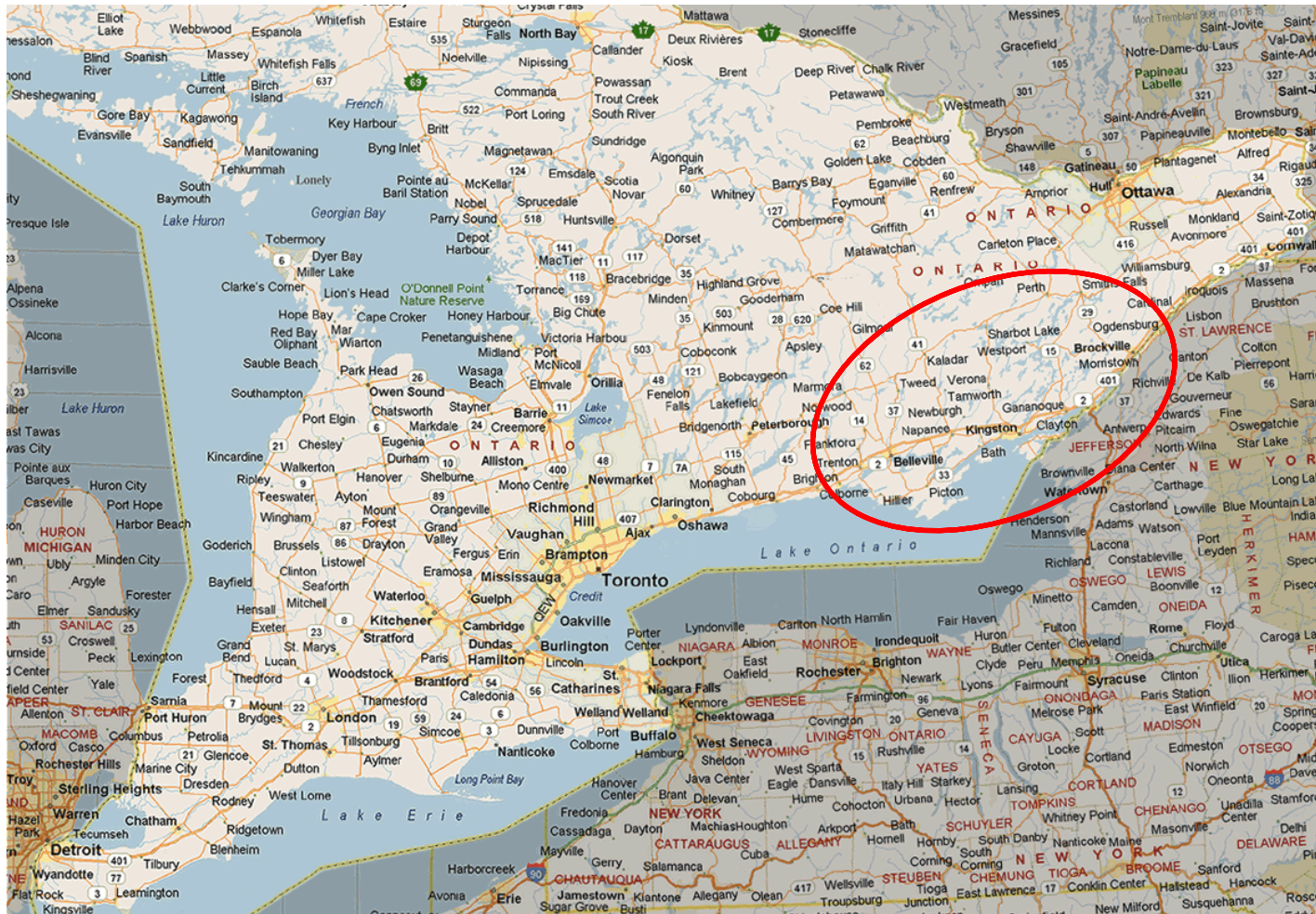
*Maria M. Walker*  
President Elect

Dated this 7 day of Apr., 1987

This is a copy of our original charter of incorporation making EOPIC an official chapter of CHICA Canada. The original copy of our charter resides in our chapter archive.

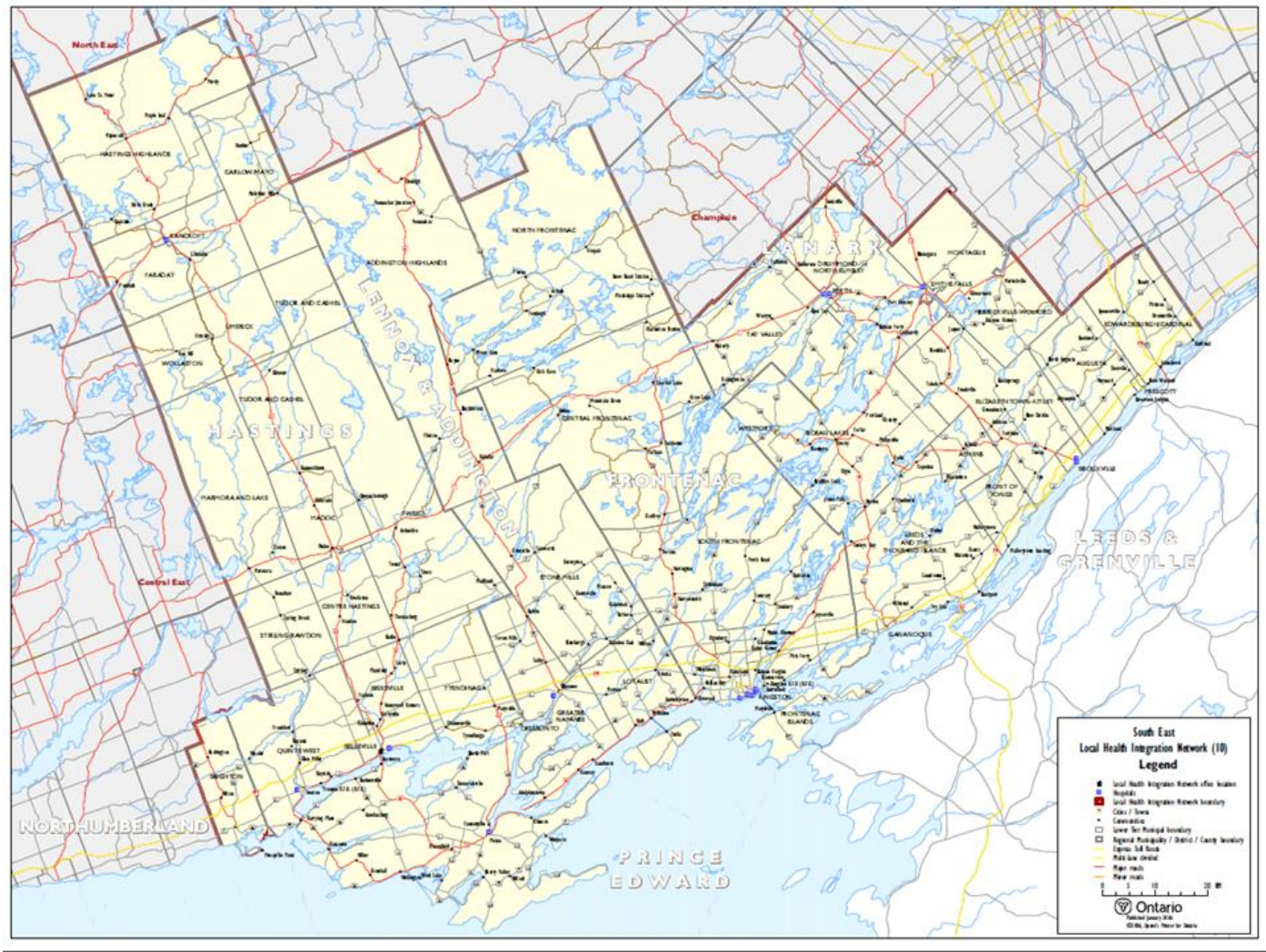


# GEOGRAPHY OF IPAC-EO REGION



Our region extends from the beautiful 1000 islands, along the shores of Lake Ontario and the St. Lawrence river and north into the lakes district of the area.





IPAC-EO members span a large region of south-eastern Ontario – from Brighton in the west to Prescott in the east and north thru Smiths Falls and Bancroft.

# Our region also includes two international bridges connecting us to our **APIC** friends in New York State



Members of our chapter have attended meetings and been invited to attend education sessions held by the HONY (Heart of New York) APIC chapter based in Syracuse New York.

A similar invitation has been extended for them to attend our meetings in Kingston.



# **IPAC-EO MISSION STATEMENT**

“To improve client/patient/resident care through the exchange of knowledge, experience, ideas and information for the prevention and control of infections and fellowship among persons interested in Infection Control.”



# IPAC-EO OBJECTIVES

- To promote and enhance the profession of Infection Prevention and Control (IPAC) through individual and group activities
- To assist individual members in the development of their own IPAC Program
- To hold multi-disciplinary educational conferences, seminars, teleconferences, videoconferences and workshops to update knowledge in IPAC





# IPAC-EO OBJECTIVES

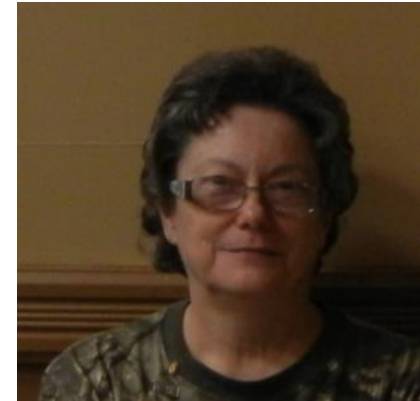
- To support and assist with research/study activities and the publication of results
- To promote community awareness and understanding of the source of infection, the mode of transmission, and the means of control

Picture not available

**Christine Weir**  
**President-Elect**



**Shirley McDonald**  
**Chapter President**



**Shirley McLaren**  
**Secretary**

## **2014 IPAC-EO Executive**



**Mary Anne Lupenette**  
**Treasurer**



**David Ryding**  
**Membership Director**



**Carol Whyman**  
**Archivist**

# CHAPTER EXECUTIVE

- A new chapter executive non-voting position was created in 2014: New ICP
- This position gives new ICPs an opportunity to participate in the organization and obtain experience at an executive level.
- A new chapter member was acclaimed to this position at the November Annual General Meeting.



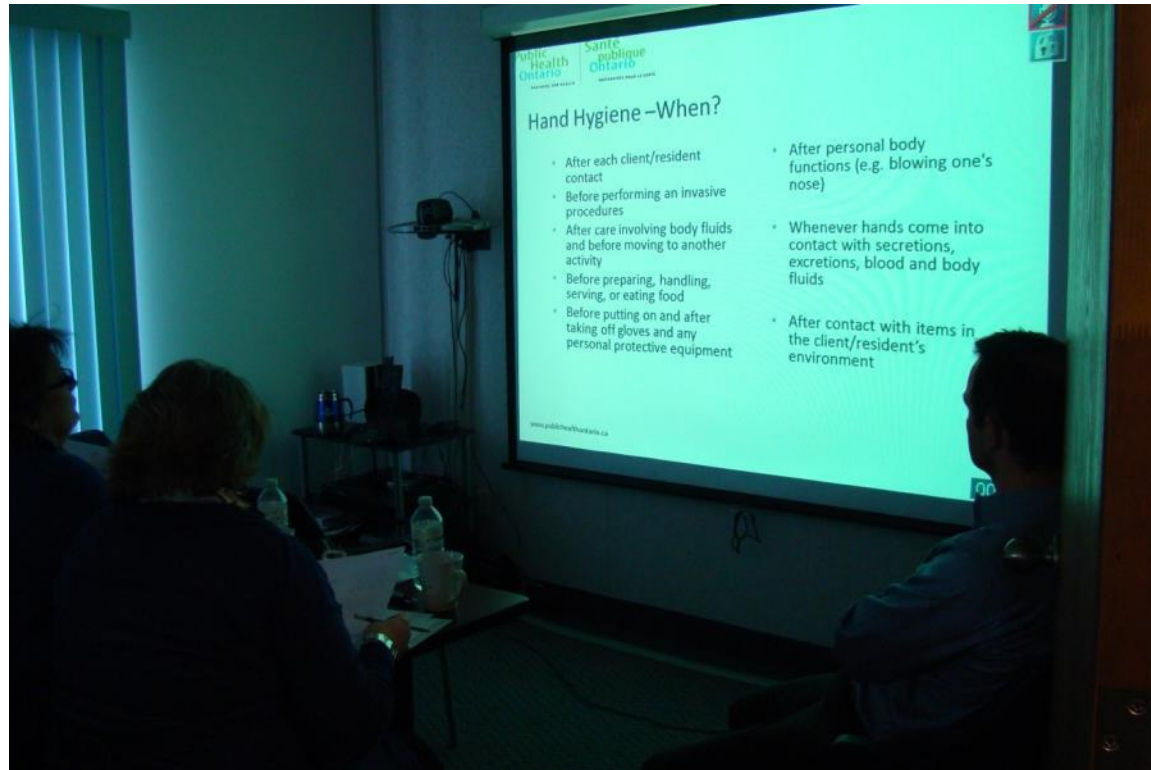


# **POLICIES AND PROCEDURES**

- All Chapter policies and procedures have been reviewed in the past 2 years
- Changes, including those which reflect the name change have been completed and approved
- Policy review is the role of the Past President
- Policies posted on chapter website

# IPAC-EO meets 5 times annually

## Meetings are held at the Regional Infection Control offices in Kingston




This location was chosen as it is a central, easily accessible location with ample free parking and has the required technology available

# VIDEO/TELECONFERENCING



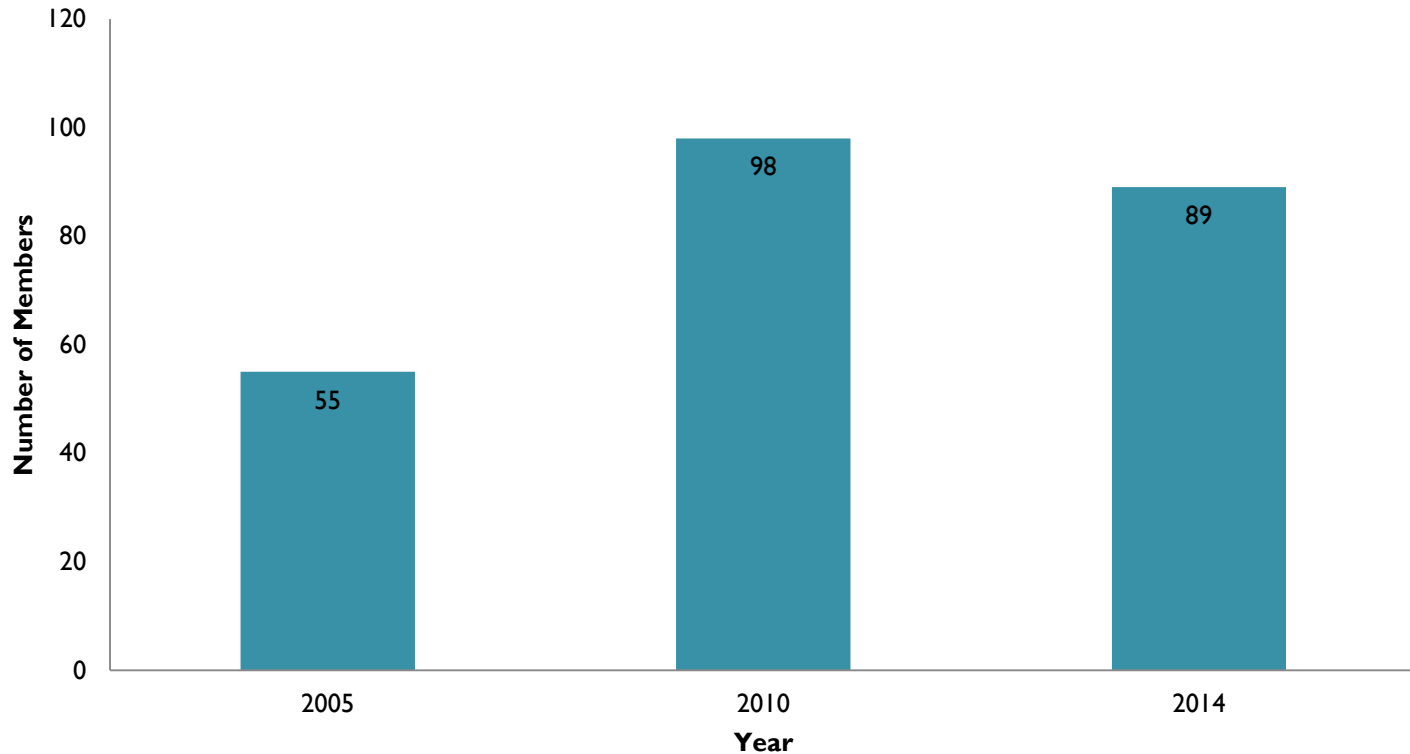
- Our meeting room is equipped for both videoconferencing and teleconferencing
- Access is available for all chapter meetings
- The number of remote sites joining meetings has expanded
- All remote sites invite local chapter members to attend at a local site



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- Members utilized technology for the first time in 2008 allowing members unable to make the trip to Kingston to join meetings
  - Access by more distant sites is continuing to grow thus increasing attendance at chapter meetings
  - The number of sites joining by videoconference has grown annually (currently 6 sites) and each of these remote sites invites chapter members from neighboring facilities to join, increasing access to meetings
  - Videoconferencing also allows access to guest speakers and educational opportunities that we otherwise could not have offered to our members

# CHAPTER MEMBERSHIP

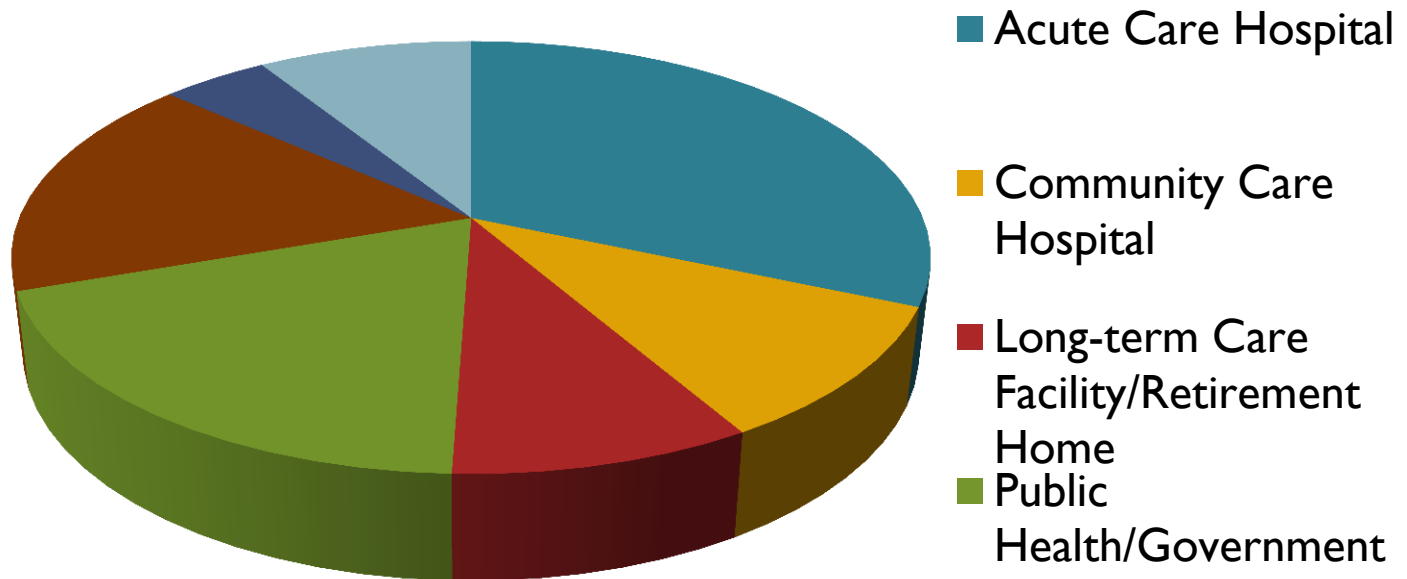
## IPAC-EO Membership



While for several years membership fluctuated, recent years have seen a stabilization in chapter membership.

# MEMBER FACILITIES

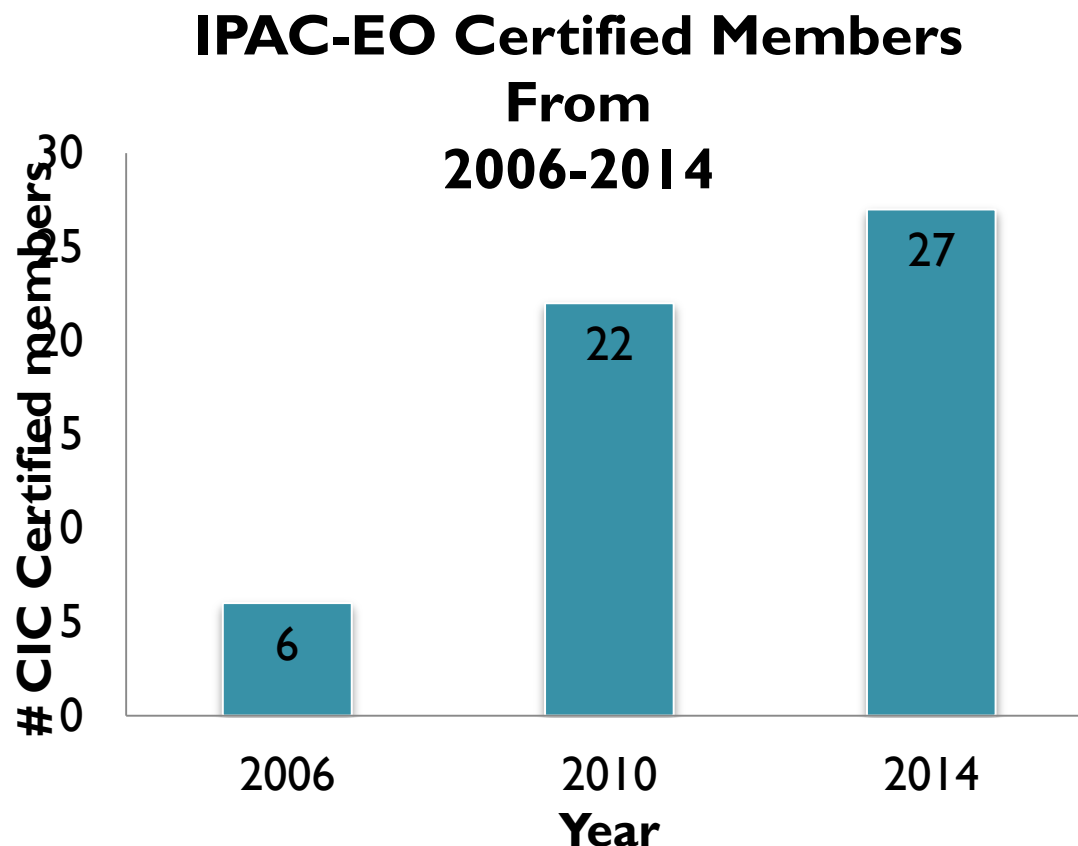
## IPAC-EO Members By Facility Type



The majority of our members are associated with the 38 long-term care facilities or 75 retirement homes in the region. One acute care tertiary teaching centre and 9 smaller community hospitals make up the acute care sector. The remainder of the membership are involved in community care, mental health, public health, corrections and military. We have 2 major military bases, 2 large mental health facilities and 12 correctional facilities in our region.



# CHAPTER MEMBERSHIP CERTIFIED

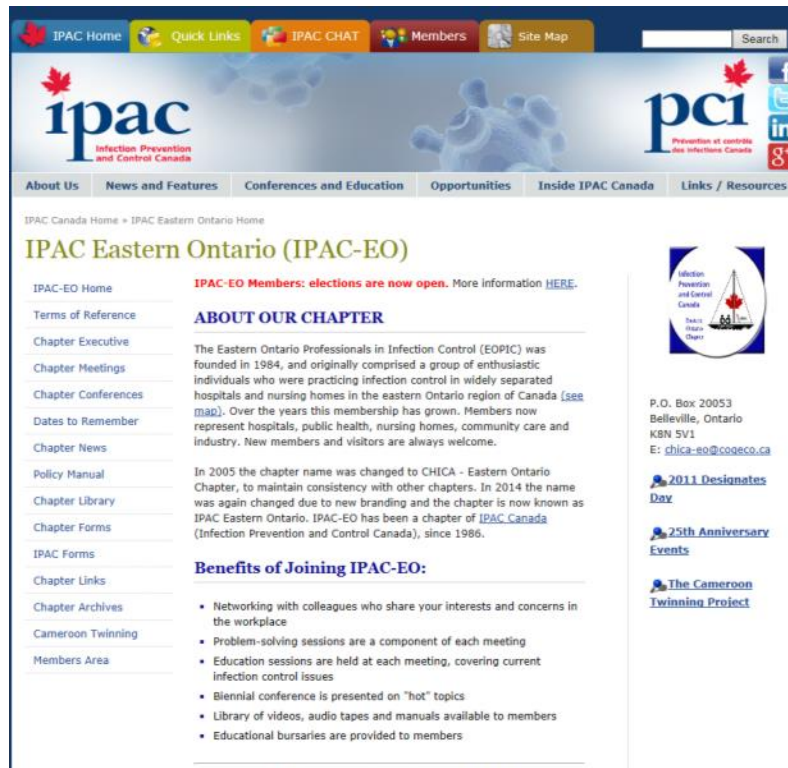


The number of chapter members who are certified has increased steadily. The 27 certified members represents 30% of our chapter membership who hold CIC certification.

Newly certified members are presented a CIC pin in recognition of their achievement.

# CHAPTER WEBSITE

<http://www.ipac-canada.org/IPAC-EO/index.php>



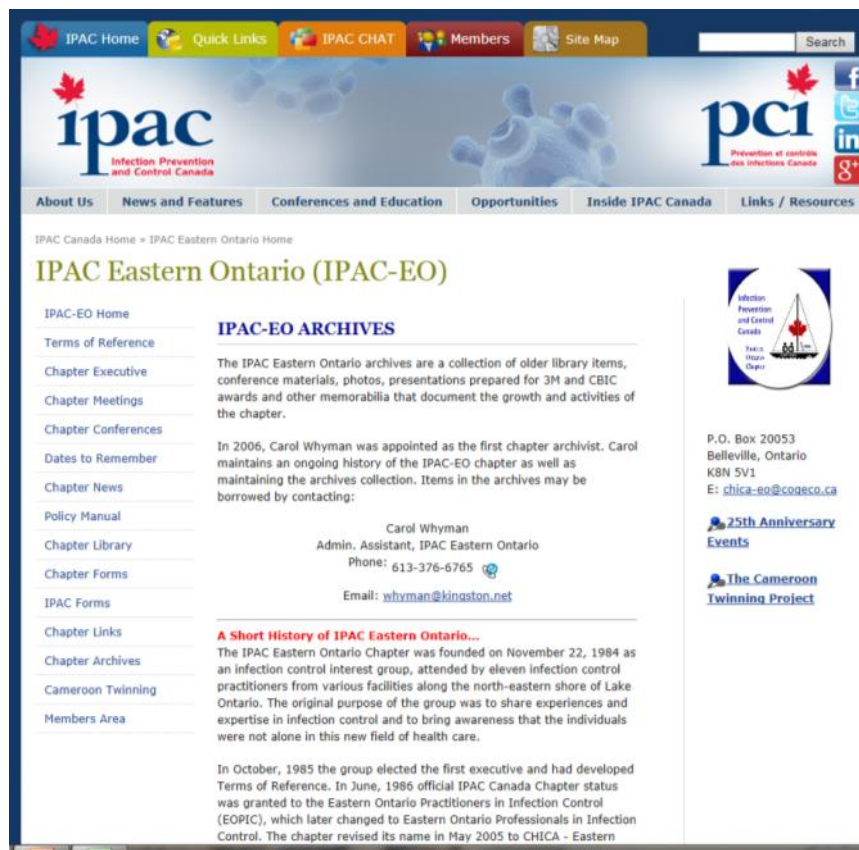
Our website was developed and is maintained by Shirley McDonald.

It contains:

- Policies and forms
- News
- Upcoming education
- Meeting information
- Chapter history

It also has a Members only section (password protected) which contains minutes of meetings and handouts from education sessions.

# CHAPTER ARCHIVIST



- Carol Whyman, IPAC-EO Archivist since 2007
- Archives includes history of chapter from inception to present
  - meeting minutes,
  - education handouts, conference flyers/handouts,
  - award submissions,
  - pictures from past chapter activities and
  - other relevant chapter information

Note: To our knowledge, IPAC-EO is the only IPAC chapter with an official chapter archivist

# LOGO REDESIGN

In 2014 we re-designed our chapter logo to reflect the change in name to IPAC Canada

We chose to keep the joined hands part of the “old” CHICA logo to reflect our history while still moving forward







# CHAPTER MEETINGS

- Education is offered at each meeting
- Each meeting begins with a business session: IPAC national business is addressed followed by IPAC-EO business.
- After lunch a round table discussion allows members to share ideas and discuss problems
- This is followed by an education session. Suggestions for educational topics are solicited from chapter members and when possible, that education is provided by chapter members.
- At least once a year a prominent, non-chapter member, guest speaker is invited. This usually occurs at our annual general meeting in November



# RECENT EDUCATION SESSIONS

November 20, 2013 - Annual General Meeting

*Mandatory Influenza Immunization for Health Care Workers:*

Dr. Allison McGeer (in person)

February 18, 2014

*Ontario Ministry of Labour Update*

Craig Lawrie (in person)

April 16, 2014

*General Principals of Reprocessing*

Sue Cooper (in person)

September 17, 2014

*Public Health Ontario Laboratories Update*

Debbie Sikora - Kingston PHL Manager (in person)

November 19, 2014 - Annual General Meeting

*Ebola - The KGH Experience*

Darlene Campbell - KGH IPAC Manager (via videoconference)



# **SPECIAL EDUCATIONAL SESSIONS**

June 18<sup>th</sup>, 2014

## **“Infection Prevention and Control Boot Camp for Healthcare Workers”...I’m Not an ICP but Sometimes They Make me do it**

- An interactive education day, in partnership with Public Health Ontario, reviewing the essentials of infection prevention and control and their practical application in various health settings
- Session designed to provide basic education to healthcare workers who have designated responsibility for IPAC but lack any formal training or staff who simply had an interest in learning more about infection prevention and control
- Session “sold out” with over 100 registrants from all sectors of healthcare

Wednesday, June 18, 2014

Infection Prevention and Control Boot Camp for Healthcare Workers  
... I'm not an ICP but sometimes they make me do it!

If you are a healthcare professional in any sector and you have been designated responsibility for Infection Prevention and Control, **WE WANT YOU!**



If your role is that of staff member, unit or shift lead, on-call, office or clinic manager, or an interest in learning more about Infection

This will be a fun, interactive and enlightening infection prevention and control and their practice. Don't miss it!

Note: this is NOT geared towards trainees

When: Wednesday, June 18, 2014

8:00 am - 4:00 pm

Where: **Italo-Canadian Cultural Centre**

1174 Italia Lane

Cost: **\$90.00 per person** (Includes morning coffee and lunch.)

All speakers were chapter members with specific expertise in the areas/ topics they were presenting

Exhibits from 7 vendors in Exhibit Hall

## AGENDA

8:30-8:45

### Battle Plan

⇒ Welcome and introductions

8:45-9:15

### How Germs Move and How to Stop Them-Chain of Transmission

⇒ Review of chain of transmission.  
Interactive session on how bugs move.

9:15-10:15

### Keeping Germs at Bay-Routine Practices

⇒ Participants will discover the "Routine Practices" that protect clients, patients, residents, visitors, care providers and them- selves from infections, and utilize principles of risk assessment in dealing with real-life practical scenarios.

### 10:15 REFRESHMENT BREAK

10:30-11:15

### Battle Fatigues: What Not To Wear - PPE and Additional Precautions

⇒ Participants will select the appropriate personal protective equipment (PPE) and additional Precautions to provide safe care in a variety of realistic situations.

11:15-12:00 pm

### Declaring War? The Enemy

⇒ Review of significant organisms and syndromes, e.g. Antibiotic Resistant Organisms, *Clostridium difficile*, scabies, Acute Respiratory Illness

### 12:00-12:45 pm LUNCH

12:45-1:45 pm

### Declaring War? continued

⇒ Participants will utilize a problem-solving approach to determine what an outbreak is and what is a priority.

1:45-2:30 pm

### When to Call in the Big Guns -Infection Prevention and Control Emergencies

⇒ Participants will review the risks from construction and renovation dust, water, materials, and other infection prevention and control emergencies; and draw on their collective experiences to strategize management of these emergencies.

### 2:30-2:45 REFRESHMENT BREAK

2:45-3:15

### War Games

⇒ Putting it all together: scenario based problem solving; creating a plan of attack.

3:15-3:30

### Armed and Ready for Battle! Wrap Up and Resources

⇒ A review of how to access reliable information and support. Wrap up and thank you.

Each participant will receive a CD with the presentations and links to valuable infection control resources.





**108 attendees  
7 exhibitors**



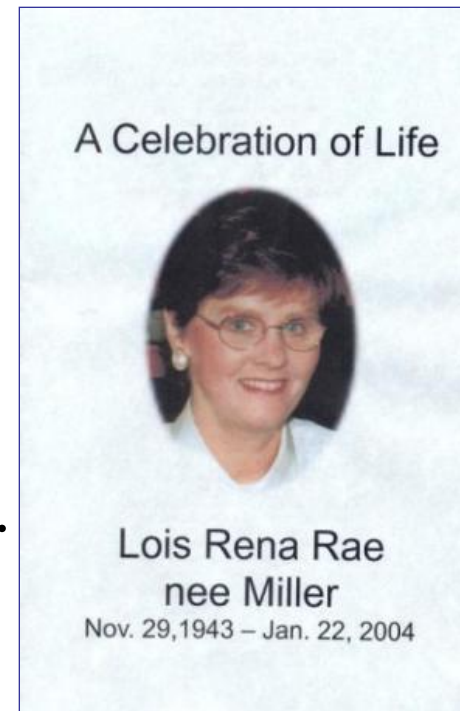


# EDUCATIONAL BURSARIES

- One of our chapter objectives is to assist individual members in the development of their own IPAC Program.
- One of the ways we do this is to assist with education costs by providing educational bursaries.
- IPAC-EO maintains a fund to award financial assistance for education to chapter members. At the beginning of each year a budget is developed based on available funds and awards are granted until this funding is exhausted
- Chapter has written policies and procedures as well as a scoring criteria which is followed for all funding applications
- 2014 bursaries were awarded to active chapter members to assist in attendance at the IPAC Canada Conference in Halifax

# THE LOIS RAE SCHOLARSHIP FUND

- The Lois Rae scholarship fund was established in 2007 in memory of the late Lois Rae, one of IPAC-EO's founding members.
- The fund was established to reimburse exam fees to chapter members in good standing upon successful completion of the certification or re-certification (CIC) exam.
- Lois was a founding member of our chapter, the first certified chapter member and a strong supporter of certification
- Funding levels are maintained with income from conferences
- 2 bursaries awarded in 2014



# CAROL WHYMAN SCHOLARSHIP

- Created in 2014 to recognize Carol's contribution to IPAC-EO
- Carol is a founding member of IPAC-EO, a Past President of IPAC Canada and has been a driving force in our chapter, serving in many capacities on the executive.
- A scholarship will be presented annually to a member in good standing of IPAC-EO to assist them with tuition cost related to an IPAC educational conference (examples, but not limited to IPAC-Canada National Educational Conference, APIC Conference).
- The purpose of scholarship is to encourage individual growth by providing funding to attend a national or international educational conference.



# IPAC-EO HONORARY MEMBERSHIP

- Sue Cooper, long time chapter member was presented an Honorary Life Chapter Membership in recognition of her contribution to the chapter by President Shirley McDonald at the April 2014 Chapter meeting.



# QUINTE TRASH BASH



This picture depicts 2 high school students pulling debris from the Moira river

- Annual Quinte Trash Bash involves residents of the Belleville area collecting trash from public areas in the community.
- Hand hygiene products donated by IPAC-EO member Paul Webber
- Chapter members set up hand hygiene stations



# INFECTION CONTROL WEEK 2014

IPAC week activities at 2 of our member facilities were highlighted in the winter edition of CJIC

## Infection Control Week at Quinte Health Care

Using the NICW poster theme of "Defence is the best Offence" and highlighting areas of interest, we provided fact sheets on MRSA, Norovirus, Influenza, VRE, C difficile, and Ebola.

Our boards contained detailed information on Influenza and Ebola – transmission, symptoms, facts and treatment.

We used a mannequin and donned Ebola PPE to provide a visualization for staff on what the standards (at this time) were for protection.

**Lisa Triemstra**

*Infection Control, Quinte Health Care*

We provided an updated Influenza package for 2014, as well as dates/locations for flu clinics in the community and hospital.

Interest and attendance at our booth has been well attended and ICPs are available to answer any questions that staff/visitors have.

We will be attending all sites (TMH, PECM and North Hastings) to provide the same information and support. Our displays have already been set up in preparation for the kick-off.



## Leeds Grenville Health Unit Hosts Infection Control Education Day "Infection Control – It Starts With Me"

Administrators, Infection Control experts and frontline staff from long-term care, retirement homes and local hospitals gathered at the Smiths Falls Memorial Centre on Oct. 23 to increase their knowledge about protecting residents and the community from infections like the flu, antibiotic resistant organisms, and other significant infections.

Public Health Ontario (PHO), Leeds, Grenville and Lanark District Health Unit and the Perth, Smiths Falls District Hospital worked together to ensure that it was a thought-provoking, successful, and fun day.

Speakers from both the Champlain and South Eastern Ontario Regional Infection Control Networks talked about urinary tract infections, when they need to be treated and when they don't, as well as how to manage antibiotic-resistant organisms like MRSA and VRE in facilities. A member of Public Health Ontario's Infection Control Resource team shared lessons learned across Ontario when helping long-term care and retirement facilities think about prevention related to managing outbreaks and daily challenges they face in keeping their facilities infection-free. Occupation Health and Safety from the

Perth and Smiths Falls Hospital reviewed immunizations that healthcare workers need in order to protect themselves and the people they care for. Dr. Paula Stewart, Medical Officer of Health, presented up-to-date information on all the emerging infections, so everyone is prepared. Margaret Hendricks, RN and Infection Control Manager brought the group up to speed about how flu shots are being delivered in the community this year.

The Health Unit Infection Control Team was able to recognize Broadview Nursing Centre who won a Keurig coffee machine for their staff for having the highest staff flu immunization rate (100%) last season. This influenza season, another Keurig will be awarded to the long-term care, retirement facility or hospital having the most improved influenza immunization rate for their healthcare workers.

Additional interactive activities were included throughout the day such as voting questions with clickers, creation of an Infection Control team poster and a fashion show with our local staff using personal protective equipment. Resonating throughout the day was the theme: "Infection Control – It Starts With Me."



Back row L-R: Debbie McIntyre, Courtney Shaffer, Helen Avery, Barbara Vander Meer. Front row: Kate Wilford, Michelle de Jonge.



Top L-R: Sam McFarlane (PHO), David Rydberg (PHO), Sue Cooper (PHO), Michelle de Jonge (LG Health Unit), Susan Merritt (LCUHL), Grace Winkling (PHO). Bottom: Courtney Shaffer (LCUHL), Debbie McIntyre (LCUHL), Barbara Vander Meer (LCUHL), Helen Avery (LCUHL).

Leeds, Grenville and Lanark District Health Unit, Smiths Falls

In keeping with our chapter objective the focus was to promote community awareness and understanding of the source of infection, the mode of transmission, and the means of control.

# INVOLVEMENT WITH IPAC CANADA



# JIM GAUTHIER


- Past President IPAC Canada
- 2014 National Education Conference Chair and speaker
- founder of Mental Health interest group
- IPAC Chat discussion board
- Guest speaker at numerous national and international IPAC conferences



# SHIRLEY MCDONALD

- IPAC Canada Web Communications Manager/Webmaster
- Webmaster IPAC-EO
- Member several IPAC committees
- IPAC Canada Award of Merit
- Honorary Member in IPAC Canada
- Honorary Life Member in IPAC-EO
- Co-chair program audit tool working group



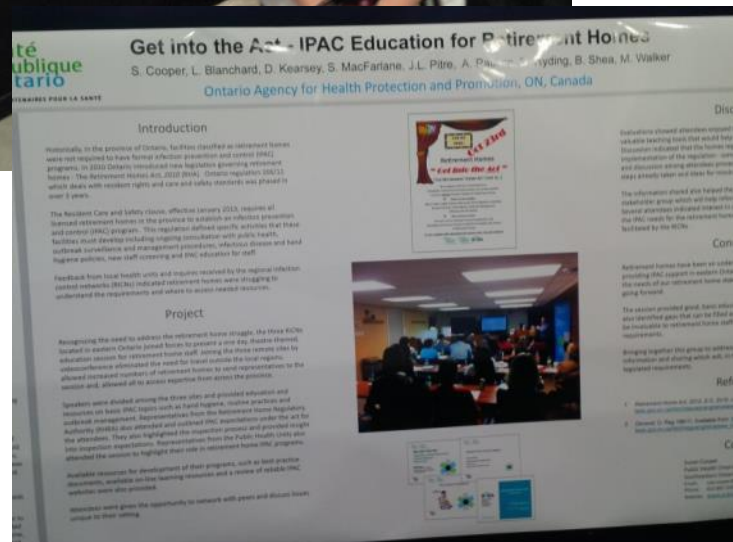
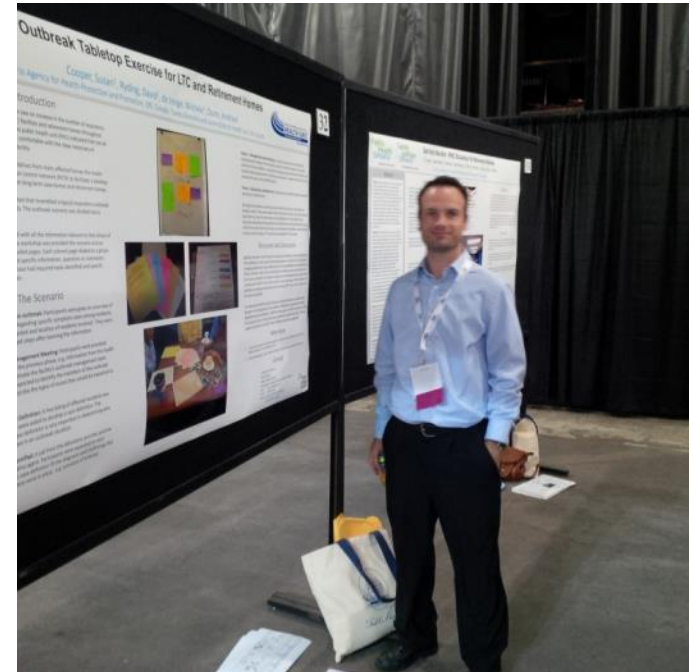
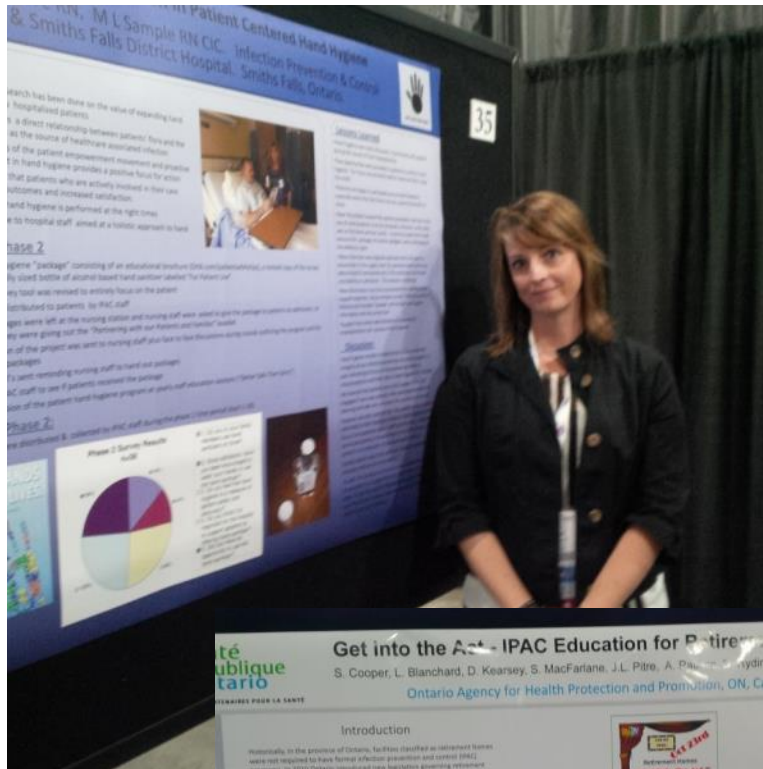
- 
- Susan Cooper
    - 2014 IPAC Canada representative on CBIC CIC prep working group
  - Dana Anderson
    - 2013-2014 Long Term Care representative Scientific Planning Committee
  - Paul Webber
    - Industry Representative 2014 Scientific Planning Committee



# IPAC-EO Members at IPAC National Conference – Halifax, May 2014



# IPAC-EO MEMBERS 2014 POSTER PRESENTATIONS - HALIFAX

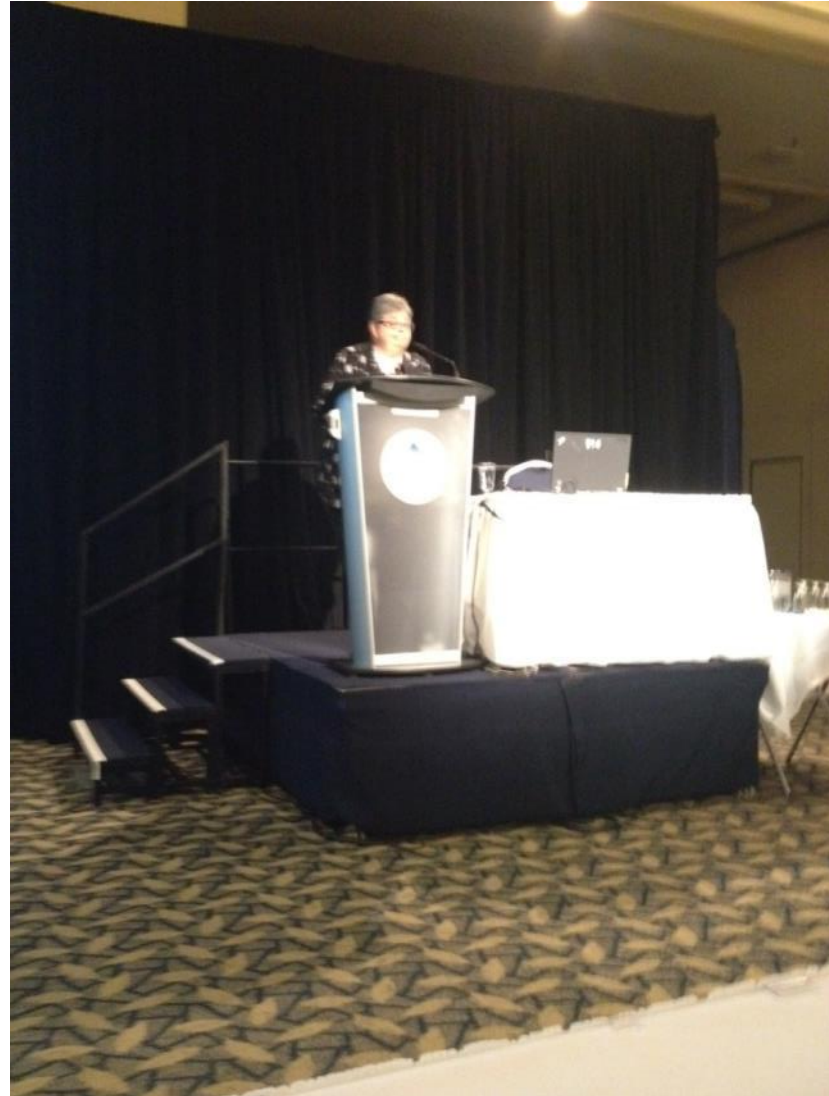


Chapter members  
presented 3 posters  
at the 2014 IPAC  
Canada Conference

# **IPAC-EO MEMBER**

## **2014 Oral Abstract Presentations - HALIFAX**

One Oral abstract  
was presented by  
chapter member  
Sue Cooper





# 2014 ECOLAB POSTER CONTEST

- Won by chapter member David Ryding



# SUPPORTING IFIC

- Annual Run For IFIC
- Jim Gauthier: Top Fund Raiser



IPAC-EO is a proud supporter of IFIC



# PARTNERSHIPS

## Queens: Health Care Student education



- Annual education provided by chapter members to Medical, Nursing and Rehab students
- Provides standardized education on routine practices and use of PPE.
- Assists in better understanding of infection control practices during initial education.
- Includes didactic and hands on sessions as well as a simulation lab session

# PARTNERSHIPS



Regional Infection Control Network  
South Eastern Ontario

Réseau régional de contrôle des infections  
Sud-Est de l'Ontario

- IPAC-EO has an official partnership agreement with South Eastern Ontario Infection Control Network.
- Work together to support ICPs in the region
- Educational events in partnership with the SEOICN
- Library and chapter archives stored in SEOICN offices
- Chapter meetings held at SEOICN offices

# PARTNERSHIPS

- Several of our corporate members have sponsored speakers, educational activities and provided products for members to use to promote IPAC to the community as well as donated goods to support our Cameroon project.



# PARTNERSHIPS

## Cameroon Twinning Project

Building on the incredibly successful “got books” campaign from 2009- spearheaded by our own Shirley McDonald, IPAC-EO approached Edith Welty, Associate Director, AIDS Education and Prevention Program, Cameroon Baptist Convention Health Board regarding the possibility of a twinning project between our chapter and the group in Cameroon.



**GOT BOOKS?**

Used medical books, journals and other educational materials are requested from health care libraries, medical centres and individuals, particularly those dealing with:

- infectious diseases, microbiology, infection prevention and control
- HIV/AIDS, Tuberculosis
- maternal and child care, pregnancy and foetal health, obstetrics, gynaecology
- communicable diseases, public health

Your used books will be shipped to **Cameroon, West Africa**, to assist in building a library of resources to support the Infection Prevention and Control Program of the Cameroon Health Board.

Books will be collected during the months of March and April, and may be forwarded by April 30, 2008 to:

- the infection prevention and control practitioner(s) in your facility or health care setting
- OR call: 613-389-9810 to arrange pickup

**Your outdated book might be the Cameroon library's most current resource!**

**Help us help those in need...**

Supported By:

REGIONAL INFECTION  
CONTROL NETWORKS



RÉSEAUX RÉGIONAUX DE  
CONTRÔLE DES INFECTIONS

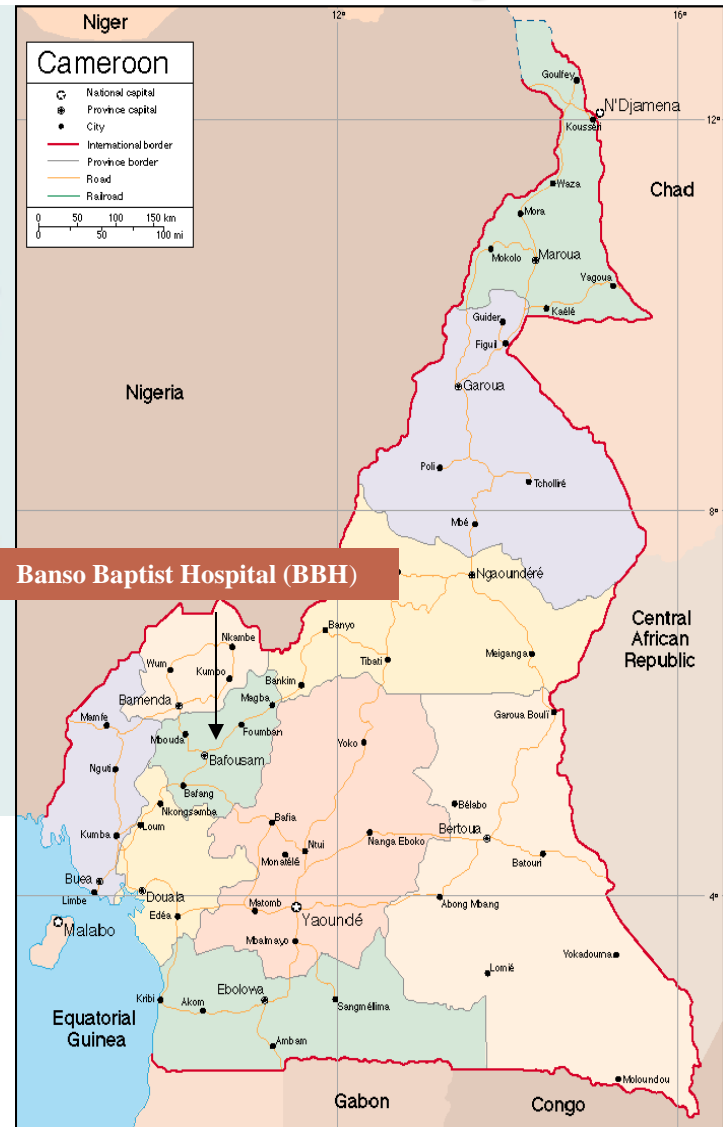
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CHICA-CANADA

# CAMEROON TWINNING PROJECT



Cameroon

The Baptist Convention Health Board, based in Bamenda Cameroon, is a health care organization that dedicates itself to providing health care to all who need it.







After providing nearly 30 years of service as family/public health physicians working both with the Centers for Disease Control and Prevention (CDC) and the Indian Health Service (IHS) on the Navajo and Northern Plains reservations, Edie and Tom Welty decided to “retire” by combating the AIDS epidemic abroad — and fulfill their dreams of working in international health in the process. Since retiring in 1997, Tom and Edie have been working with the Cameroon Baptist Convention Health Board (CBCHB),



The husband-and-wife team assists by writing grants, purchasing essential supplies and equipment, and helping the team in Cameroon get health care programs up and running.

It was through the Weltys that IPAC-EO first made contact with CBCHB.





- Our first step was to approve the funds to sponsor a IPAC membership for Jacob- the nurse responsible for IPAC in the Baptist Convention Health Board
- This continues with the chapter covering membership costs annually

Jacob is preparing to write his CIC certification and the chapter will be providing support in the form of study materials and financial aid to cover exam fees.



# TWINNING PROJECT GOALS

- ✓ Provide expertise and resources as identified in Cameroon
- ✓ Support attendance at IPAC National Education Conference
- ✓ Fund raising to provide identified resources

# CAMEROON FUND RAISING

- Chapter sells items imported from Cameroon
- A percentage of all educational events goes towards the Cameroon project



# CAMEROON SUPPLIES

- Several Shipments of supplies have been sent containing donated books and IPAC supplies such as ABHR and PPE.
- Another shipment is ready to go in the spring of 2015. This shipment contains primarily PPE to assist in Ebola preparedness.





# CAMEROON SUPPLIES

- ABHR is made locally and dispensed into individual sized bottles donated to IPAC-EO by GoJo
- In 2014 an automated filler was purchased by IPAC-EO to make this process easier
- A protocol for using and cleaning the filler was also developed by chapter members and accompanied the filler



# Cameroon Visit by Chapter Members in 2013



In late 2013, 2 chapter members, Sally MacInnis and Dana Anderson visited Cameroon and spent 2 weeks providing IPAC expertise and education to staff of the Baptist Convention Health Board. Efforts were made to bring the ICP, Jacob to the 2014 IPAC National education conference however Visa issues prevented the visit. Efforts will continue to bring Jacob to Canada for a visit.





# WHAT'S AHEAD

## 2015 IPAC Canada Conference:

- Speakers: Shirley McDonald, Sally MacInnis
- Post Conference CBIC Workshop Chair: Sue Cooper
- Multiple abstracts submitted
- Funding provided to several chapter members to assist in attendance at national conference



# WHAT'S AHEAD

- Guest speakers at meetings
- Drive to increase membership
- Support to increase certified members
- Workshops targeting IPAC education to all spectrums of health care providers such as those who provide foot care, Occ Health nurses, physician offices etc
- Education partnerships
  - Public health
  - SEOICN
  - Corporate sponsors

**Infection  
Prevention  
and Control  
Canada**

**Eastern  
Ontario  
Chapter**



# Thank You

We look forward to another 30years as a proud and  
active chapter of IPAC-Canada